

Trauma, Burnout, and Resilience Training



SOUNDS A
911 DISPATCHER
NEVER FORGETS:

- SOUND OF A SCREAM FROM A MOTHER WHOSE BABY STOPPED BREATHING.
- SOUND OF THAT BABY CRYING WHEN HE STARTS BREATHING AGAIN.
- SOUND OF A PARENT WHO FOUND THEIR CHILD HAS OVER-DOSED.
- SOUND OF A CHILD WHOSE PARENT 'WON'T WAKE UP'.
- SOUND OF A FIREFIGHTERS 'MAYDAY' CALL.
- SOUND OF THE WORDS 'SHOTS FIRED! OFFICER DOWN!'
- SOUND OF SILENCE ON A PHONE OR RADIO...JUST WAITING...

911 DISPATCHERS ARE ON THE SCENE, TOO

Critical Training for all First Responders



The 4-hour block of training is offered twice at each location, in each region.

The class is FREE and POST Certified.

Any First Responder - Dispatch, Police, Fire, EMS is encouraged to attend.

Sponsored by your Idaho PSAP Committee

Region 1

Register: cholbrook@postfallspolice.com
Dates: January 19th 8:00~12:00pm
Dates: January 20th, 1:00~5:00pm

Region 2

Register: wberrett@whitcom.org
Dates: February 16th, 1:00~5:00 pm

Region 3

Register: rwade@canyonco.org
Dates: February 23rd, 1:00~5:00 pm

All classes will be taught via Zoom. A link will be sent out once you have signed up for a class.

Region 4

Register: dtaylor@cassiacounty.org
Dates: March 2nd, 1:00~5:00 pm



Region 5 & 6

Register: ehidalgo@co.bingham.id.us
Dates: March 9th, 1:00~5:00 pm

Instructor: Christen Kishel, PhD is a Licensed Clinical Psychologist with specialties in trauma/PTSD, Police, Fire, and Public Safety Psychology. She received her PhD from the University of Toledo in 2002. Her first 12 years in the inland northwest were spent in community mental health, and have expanded to include crisis intervention (CIT) training, developmental disabilities, resilience, and specialized training in EMDR for reducing the emotional impact of trauma. She is an Approved CISM Instructor through the International Critical Incident Stress Foundation and is passionate about developing peer support programs and providing needed referrals and supports when emergency responders and their families are suffering from the psychological, relational, and physical impacts of the their careers.